

NSW SEA KAYAKER

Newsletter of the NSW Sea Kayak Club Inc.

P.O. Box A1045 Sydney South, NSW 2000

Number 6

January, 1991.

PRESIDENT'S MESSAGE

The Committee hope that all club members have had an enjoyable festive season and would like to extend their best wishes for the New Year. We trust that you have returned from your holidays refreshed and ready to start 1991 with sea kayaking very much on the activity list. Please contact one of the committee members with new ideas and places to go.

So - Happy New Year and Happy Paddling -Best wishes

SKILLS SURVEY

We have obtained some interesting results from our skills survey (Newsletter No: 5) but still have a large number outstanding. If you have not filled in the form, could you please assist with the survey so that the Committee may design training days suitable for the different levels of skills of members. Remember that you do not have to put your name on the form and anonymity is guaranteed.

Send your form to:- Ken McDonald
22 Dalley Road
Heathcote NSW 2233 (by end of February???)

CLUB LOGO

At the AGM, it was suggested that the Club should have a logo. Any members with an artistic bent (or drawing board) are invited to submit ideas to Ken McDonald.

PAYMENT OF DUES

Please note that fees for 1990/1991 are now due (if you have not already paid them). This will be your last newsletter if fees are not recieved before the next issue. If you are unclear as to your financial status, please contact the secretary, Ray Abrahall on (02) 528 9091.

9/12/90 TRAINING DAY: GUNNAMATTA BAY

Ten keen paddlers turned up for a day of fun and learning on the water at Gunnammatta Bay. The group consisted of four Greenlanders paddled by Allan, Graeme, Des and Perc, four Estuaries propelled with varying degrees of competency by Gwen, John, Charlie and Ken, Ray in his Tasman and Mark "I like plastic" Howard in a Puffin.

Instruction in the basic paddling techniques commenced immediately upon leaving the beach at the boat ramp and progressed through to bracing strokes with paddlers paired up attempting to capsize each other in the shallows off Durook Park Beach. From here it was only a

short paddle out into Port Hacking, where the swells were barely breaking over the sand bars but were big enough to catch a short ride and allow practice of our newly learned skills. Remarkably only one swim was recorded during the session (no it wasn't Perc who fell in). Lunch was consumed on the sand spit at Bonny Vale after which the group split with John, Des and Gwen heading back to the cars while the rest went round the point along to Shark Island for some surfing. Everyone met up again back at the boat ramp just in time to pack up before a major down pour arrived, accompanied by thunder and lightning from one of those typical Sydney summer storms.

The day proved useful to everyone and with practice the strokes learnt will allow those who attended to be safe and competent paddlers ready to take on adverse conditions at sea when required, as it is much better to stay upright and in the boat than to have to resort to rescue techniques when it gets rough.

Ken McDonald

Ed's note: Paddle strokes and techniques learnt were:- Paddling forwards and backwards, leaning, sweep strokes (forward and reverse), draw strokes, low braces, surfing, high braces (in theory) and bad-joke-telling-while-lunching with several hungry dogs.



Rosco Canoes

382 LUTWYCHE RD, WINDSOR, BRISBANE 4030

Phone 357 7465

"THE BEST"

Dear Ray,

Thank you for newsletter it was very enjoyable reading I have passed it on to Ross. We also have a sea kayak register if any of your members would like to come north for a paddle we can supply them with names & phone numbers if they would like company. Wish we had Sydney Harbour in Brisbane, Queensland would be perfect then. Regards for now from unbiased one

Quita In'lock.

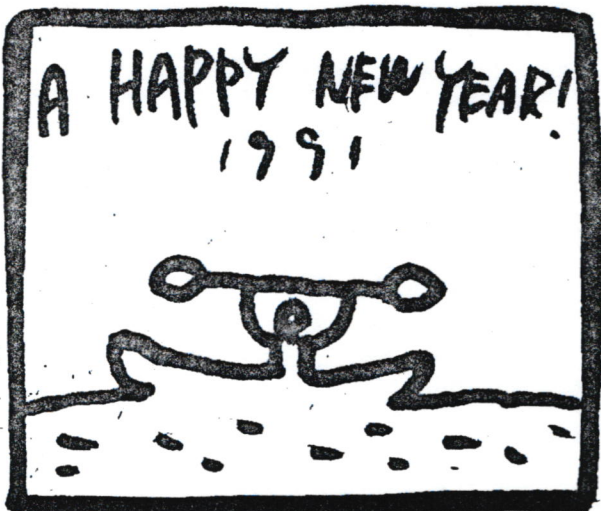
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NSW SEA KAYAK CLUB CALENDER FEBUARY - APRIL 1991

- JAN 26-28. Broughton Island. 2 nights camping. Sat. to explore island, sea caves etc.
Bruce Lee. 477 2914
- FEB. 3 Day Paddle. Terrigal to Umina (& Gosford?)
Paul Hewittson. (043) 24 1922
- FEB.17 Day Paddle/Safety day. Gunnamatta Bay.
Cronulla.
Ken Macdonald 520 5349
- MARCH 2&3 Jervis Bay Weekend. Fixed camp at
Honeymoon Bay. Day Paddles.
Michael Richardson (Bus) 907 9766
- MARCH 10 Sea Kayak Rally. Manly harbourside
to Shelly Beach (Ocean) for BBQ.
Michael Richardson (Bus) 907 9766
- MARCH 17 Bush Paddle. Capt. Cook bridge to
Woronora & return.
Frank Brandon 387 3091
- MARCH 24 Day Paddle/Safety day. Palm Beach.
Michael Richardson (Bus) 907 9766
- APRIL 1 DEADLINE FOR CONTRIBUTIONS for next
Paddle Calender and Newsletter!
- April 6-7 Port Stephens/Anna Bay. Format to be
decided.
Michael Richardson (Bus) 907 9766

Suggestions For Next Calender; 1 Batemans Bay/Broulee
2 Eden/Two-fold Bay
Any others?

The following postcard was recieved by Q Craft from a
Japanese customer.



Long time no see you.
How are you?
I'm fine.
Japan is cold winter.
But I enjoy sea kayaking
every last week.
I can the panlata Roll.
See you again.
from Hiroki Takagashi