

NSW SEA KAYAKER

Newsletter of the NSW Sea Kayak Club Inc.



No. 9 November 1991

Incoming Presidents Report

Ray Abrahall
President 1991-92

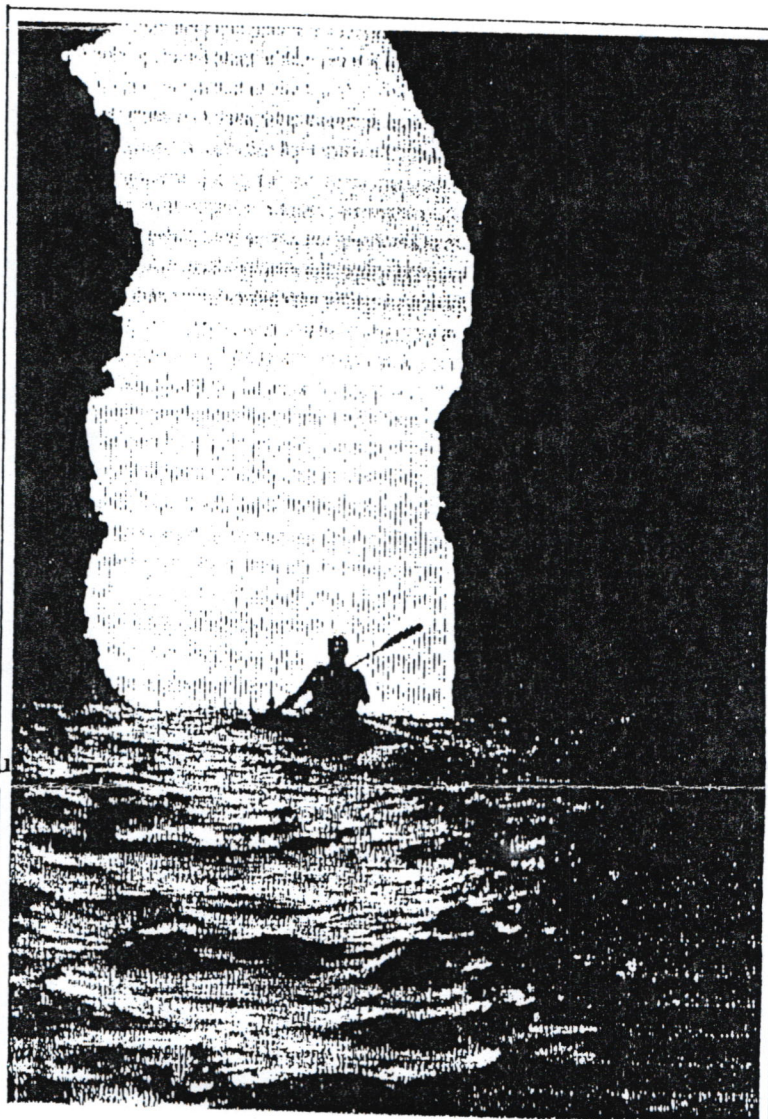
Our second AGM has passed and I would like to thank the outgoing committee for their help and support. Also those that participated, even if in no official club position.

I am, as I am sure you are, always pleased to receive the Sea Kayaker. Its great to know what others are doing and experiencing together with helping to extend our knowledge and skills of the sport. In particular the "Definition of a Sea Kayak" was great, a copy of which will be sent to the NSWCA.

A member originally proposed on behalf of the association that we define a racing sea kayak. We have defined the craft that is most suited to our club aim, which is at present recreational and touring.

I welcome the new committee, who I know are already at work to bring you this issue of Sea Kayaker. Please show your appreciation by sending in any information which may be suitable for publication.

Before our next meeting I would ask you to consider and express your thoughts about holding a major event for the year, ie. Brisbane to Southport or Tweed Heads; an event which members, in particular those with lesser skills could build up to by attending our training days and other trips.



Crocodile Head-Jervis Bay

(photo.K. McDonald)

Members who joined within 3 calendar months prior to our last AGM are reminded that they are not required to pay additional dues for 91-92. In conclusion my best wishes are extended to you and your families for the coming festive season.

P.O. Box A1045 Sydney South, NSW 2000

OUTGOING PRESIDENTS REPORT

Another twelve months has gone by and our second year has finished . Sea kayaking has grown steadily, mainly due to the interest shown by canoe shops around Sydney. Each shop has their own brands plus all shops have got the Estuary and the Plus and double. Gary Burnham has opened a new shop at the Spit and is conducting free trial paddles and schools for beginners.

I note that Chris Mills who has paddled very frequently with the club has finally joined. Well done Chris. Phil Gidgey now has a jacket. I expect that the club will grow at a constant rate due to the beautiful harbour being of close proximity.

Please give your support to the trip convenor as it is hard to come up with new ideas all the time. Many thanks go to the outgoing committee and we wish the incoming committee all the best.

I will not be standing this year due to business committments. I will be available for help if needed by any of the incoming committee. So happy paddling...see you on the water.

John Slattery
President

HSW SEA KAYAK CLUB INC.
FINANCIAL STATEMENT FOR YEAR ENDED SEPT. 1991

Balance Brought Forward Sept. 1990 \$1034.76

INCOME

Membership and Joining Fees 90/91	1920.00
Membership Fees 91/92	20.00
Bank Interest	85.26
Donation	5.00
	\$3069.02

EXPENDITURE

Postage	149.21
Stationery and Printing	153.35
P.O. Box Charges	70.00
Public Liability Insurance	334.50
Bank Charges FID FTX	5.69
Reg. Business Name & Guide Book	31.00
Supper For Last Years AGM	29.01
	778.76

BALANCE AT BANK 23/9/91 \$2286.26

Shirley Abrehell
Hon. Treasurer

New Members - 35
Renewals 25
Last Year 7
67

Expenditure	
Club Incorporation to Consumer Affairs	\$ 60.00
Balance at 5.11.91	\$ 2226.26
Outstanding payments	
Supper (S. Abrehell)	\$ 28.26
Social event (M. Richardson)	\$ 135.00

MINUTES OF THE SECOND ANNUAL GENERAL MEETING, 24 SEPTEMBER 1991, Held in the club meeting room of the Macquarie University gymnasium complex, Marsfield at 8.10 p.m.

PRESENT:

C.Ramos, M.Richardson, P.Ingleby, I.Harding, T.Farrell
P.Chidgey, G.Briggs, C.Thomas, N.Bull, D.Stuber,
R.Abrahall, S.Abrahall, J.Slattery, G.Higgins, D.Saxton
Sig. unreadable, G.Burnham, R.Rafty, B.Goodall
P.Hewitson, M.Benson. Visitor, Silve Gebower.

APOLOGIES:

R.Deaton, F.Bakker, K.McDonald.

Those present were welcomed and the minutes of the first
:A.G.M. were read.

Moved M.Richardson, C.Thomas that the minutes be adopted.

BUSINESS ARISING: Incorporation was discussed and as yet, has not been
finalised although insurance has been paid. Incoming
president to resubmit application.

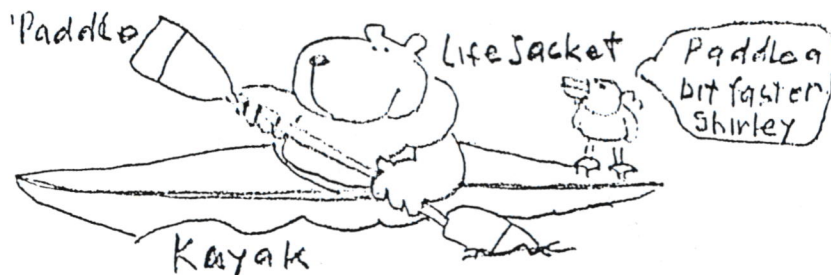
It was moved J.Slattery, M.Richardson that the
"definition of a Sea Kayak" compiled by club committee
of K.McDonald, R.Chambers, P.Chidgey and G.Burnham and
published in our July 91 issue of the "Sea Kayaker" be
forwarded to the N.S.W.C.A.

PRESIDENTS REPORT: Moved G.Briggs, P.Ingleby that presidents report be
received.

TREASURERS REPORT: Moved M.Richardson, N.Bull that Treasurers report be
received.

CORRESPONDENCE:

L.Griffith- Club emblem
Action badges
P.Meredith-"Pentathlon Man"
S.Lee-"Training day"
T.Farrell-"Gunnamatta Bay to Wattamolla and back"
Plus numerous telephone and letter enquiries about club.



MINUTES OF THE SECOND ANNUAL GENERAL
MEETING, 24 SEPTEMBER 1991 Continued.

ELECTION OF OFFICE BEARERS : Ray Abrahall elected President for 91-92
for year 91-92 (R.Rafoery R.Abrahall in chair, elections continued.
in chair for election of
President.)

Vice President; Ken McDonald
Secretary; Michael Richardson
Treasurer; Dirk Stuber
Programme; Cezar Ramos
Editor; Graham Mundy, John Bamberry
Social Convenor; Peter Ingleby
Programme Committee; Norman Bull, Michael Benson
Editorial Committee; Michael Richardson, Carl Thomas

GENERAL BUSINESS: Tide chart for members discussed and it was agreed that
information be placed in the next newsletter. ie where charts
obtainable, should members wish to obtain copy.

Proposed G. Burnham, J. Slattery that a professional type club
brochure be prepared for distribution to outdoor and canoe
shops A.S.A.P. for approval at next meeting.

M. Richardson discussed Sea Kayaking programming for A.C.F.
B.O.C.E. courses. Moved M. Richardson, N. Bull that N.S.W.C.A.
be approached for courses in close proximity to majority of
club members.

Club emblem; moved R. Rafoery, M. Benson that the basic design
published in July 1991 newsletter, described as paddler on
water, positioned between above lettering of "New South Wales"
and lower lettering of "Sea Kayak Club" be accepted with the
understanding that modification be allowed to improve design.
Gary Higgins offered to arrange artwork.

Safety; Trevor Farrell described experience with fire at kayak
pump switch caused by an electrical short. Trevor requested to
submit article for newsletter.

Lighting of craft being used at night and the new waterways
M.S.B. paddle safety brochure discussed, copies made available
for those present, also up to date members contact list and
programme to 9th November 1991.

Meeting closed 11.15 pm.



Gibbon Bombora...
from foreshore - 1991

Kayak Club Training Day (Sunday 14 July 1991)

It was as good a day as any ... in July ... for getting dunked in the frosty brine ... and we did.

We were a very mixed (experience wise) lot who met at Durook Park Beach in Cronulla on Sunday the 14th of July. My friend David and I, as very enthusiastic but novice sea kayakers, were keen to get some expert advice before our bravado shortened our life expectancy. Having learned very easily how to roll half way (that is upside down) - it was now time to simply master the full 360 degrees.

We set out from the park by around 9:30 am on a gentle warm up paddle to a near by beach. By this time the sun was high and promising.

Ken McDonald led us through a logical sequence of confidence and experience building techniques that included:

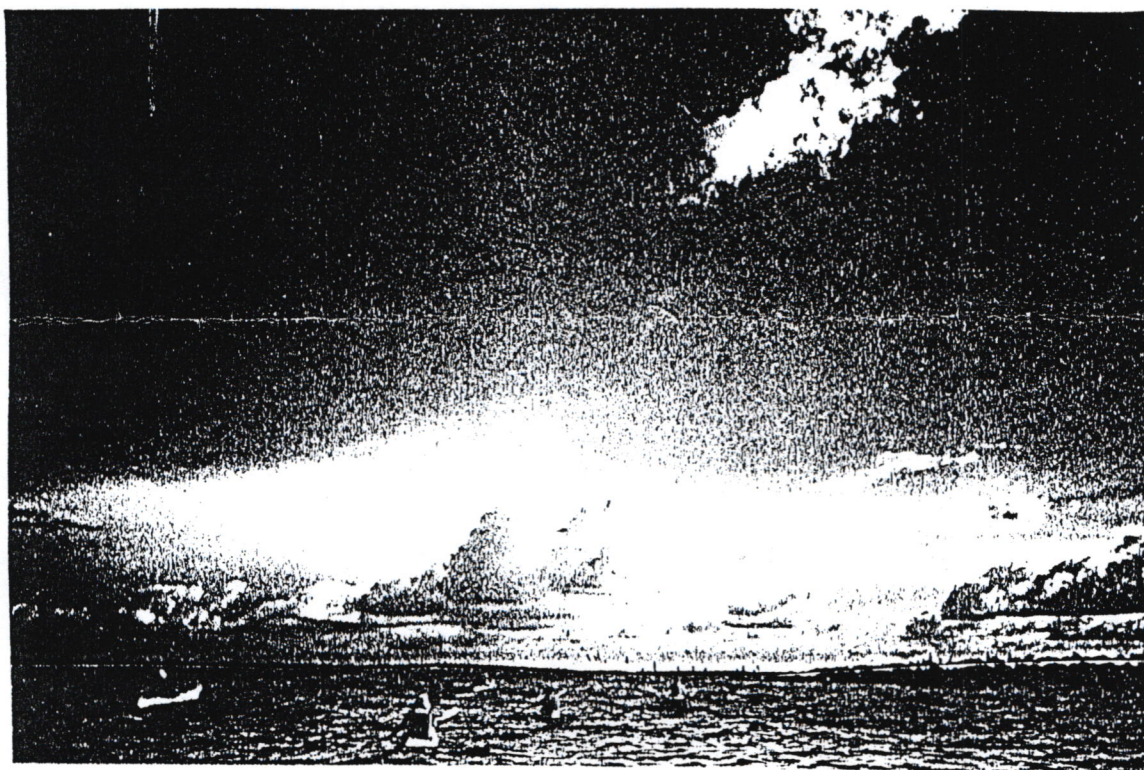
- basic paddling strokes,
- rescue of a swamped paddler,
- rescue of an paddler with a tow.

The quality of Ken's instruction was very professional: not overbearing yet controlled, serious yet fun, and directed yet experiential.

After a fine lunch and serenaded by a dozen jet ski acrobats in the nearby surf, we set out into Port Hacking to put our new wobbly skills to trial.

Under Ken's concerned eye, we practiced a few surf entries and exits and then made our way out the Heads, across Jibbon Bombora and return. I was certain the swells in the Bombora were at least 6 metres, until Ken quietly assured me with a wise smile that 2 metres was probably more accurate.

The day was especially an opportunity to meet some very friendly fellow enthusiasts, paddle in other boats, try out special safety equipment and share information about places to paddle and vital equipment (read "toys") to acquire. As for me, I have just commissioned my girlfriend to sew a sail.



End of day..returning to Port Hacking after rounding Jibbon bombora.
(photo.G.Mundy)

Those attending the training day were:

Ken McDonald (tour leader)

Gwen Chance

Trevor Farrell

Ken Harvey

Brian McAppion

David Miles

Graham Mundy

Allan Smith

and myself, Scott Lee

As an eager newcomer to this strangely fulfilling sport, I would welcome more frequent training days to more quickly gain confidence and skill.

Scott Lee

"SAFE PASSAGE"

Members may find a series of brochures published by the MSB WATERWAYS AUTHORITY useful. In the series are Paddle Craft Safety; Navigation Lights and Big Ships-Small Boats, Available free from main offices of the MSB.

MSB WATERWAYS

Further Information

Please call our offices at any time or use the Boating Safety Access Line - (02) 364 2888 or (008) 422 718.

Main Offices open Monday to Friday 8.30am-4.30pm

Sydney	Level 6 207 Kent Street Sydney	PO Box R228 Royal Exchange 2000	(02) 364 2222
Hornsby	4 Bridge Road Hornsby	PO Box 1700 North Gate 2077	(02) 477 6600 (008) 467 908
Gosford	101 Dombarton St Gosford 2250		(043) 23 7171
Sains Point	Cur Harris & Water Streets Sains Point 2219		(02) 529 4214
Wollongong	Cur Beach & Kembla Streets Wollongong	PO Box 147 Wollongong East 2520	(042) 27 3044 (008) 023 562
Batemans Bay	Unit 7 Bateman Mall Courigan Street Bateman	PO Box 3080 Bateman 2536	(044) 72 6600
Newcastle	132 Hunter Street Newcastle	PO Box 653 Newcastle 2300	(049) 26 5111 (008) 047 751
Colls Harbour	Colls Harbour Jetty	PO Box 123 Colls Harbour	(066) 52 3311 (008) 043 620
Colls Harbour	Colls Harbour	Jetty 2450	

Also detailed weather forecasts on

"Weather Call"
Telephone

Sydney 0055 29800
Coastal NSW
0055 29111
Country NSW
0055 29321

Another useful item for the informed sea kayaker is OCEAN TIDE PREDICTIONS NSW. Prepared for the Coast and Rivers branch, Public Works Dept. (NSW) Available at a cost, for the November 1991-December 1992 edition, of \$ 5.75 from

The Manager, Manly Hydraulics Laboratory
110 b King Street
Manly Vale NSW 2093
Tel. (02) 949 0200
Fax (02) 949 7920
(price includes postage)

The club has recently received from the Great Barrier Reef Marine Park Authority a brochure and survey response form asking for submissions to assist in the preparation of a plan of management for the MARINE PARKS AND ISLAND NATIONAL PARKS OF THE WHITSUNDAYS.

Note closing date for posting of submissions ie. 30.11.91. Further details contact club secretary.

(The response form is reproduced in reduced form overleaf. Members wishing to reply should use this as a guide.)

Editorial note: John Bamberry (see minutes) has (wisely?) declined the position of co-editor. Foul weather or fair, it would seem that I am now the sole (novice) occupant of the position. Suggestions or assistance would be appreciated, as would CONTRIBUTIONS. These need not be just trip reports. Be creative eg. artwork of any denomination, the odd paragraph or tip that may assist others etc., etc.

Graham Mundy
Editor

NB. John Bamberry also designed the logo that the club has decided to adopt.... Congrats, John .

Post Xmas sea kayak trip - South Australia
Peter Carter of 28 Rowells Rd., Lockleys Adelaide, (08) 434 298 tel. has advised that he is planning to paddle the north side of Kangaroo Is. Gulf of Saint Vincent SA.

Note that this will involve an OPEN CROSSING (15k ?) of "Backstairs Passage", between Cape Jervis and Cape Willoughby. For further details contact Peter at above address or telephone number.

Planning a better future for Whitsundays' Parks

RESPONSE FORM

To help plan for the conservation, wise use and management of island and marine parks in the Whitsunday area, please write down your thoughts, concerns, recommendations and information about these Parks.

Completed forms should be sent to:

The Chairman,
Great Barrier Reef Marine Park Authority,
PO Box 1379, Townsville, Qld. 4810

(Attention: Tony Stokes).

Returned Forms to be posted no later than Friday 30 November 1991

All respondents will automatically receive copies of the Draft Management Plan when it is printed later next year, and will be kept informed about the Plan's progress.

Details of your interest

Your name.....

Organisation you represent (if any)

Permanent address:.....

.....Postcode

Phone Numbers: BH(.....).....AH(.....)

Please use this page to write your opinions, concerns and recommendations on issues in the discussion paper and any others that you wish to mention. Attach additional pages as necessary but clearly identify where they flow on from here.

- 1. Visitor numbers:
- 2. User conflicts:
- 3. Island management:
- 4. Motorised watersports:
- 5. Fixed structures:

1. Please list any information that you think needs to be taken into account in preparing the Plan and where it could be obtained eg. about sites, activities, use, wildlife

2. Follow-up action that you require (circle where appropriate)
- a To arrange a discussion with us
 - b To be notified when the draft management plan is available
 - c To provide information/data/references to us
 - d No follow-up action required
 - e Other (please specify)

3. To assist in determining the best way to reach people, could you please tell us:

- (i) how you first found out about preparation of this Plan (circle one only) ?
- a TV advertisement
 - b TV news item
 - c Radio advertisement
 - d Radio news item
 - e Newspaper advertisement
 - f Newspaper article
 - g From friends
 - h From a counter/office (specify)
 - i Received in mail
 - j Through an organisation (specify)
 - k At a meeting (specify)
 - l Other (specify)
- (ii) where you got this brochure (circle one only) ?
- a From a friend
 - b From a counter/office (specify)
 - c Received in mail
 - d Through an organisation (specify)
 - e At a meeting (specify)
 - f Other (specify)

6. Reef damage:

7. Other areas within the Management Plan:

8. Areas requiring special consideration:

9. Any other issues:

Thank you for helping plan
the Whitsunday Parks' future

How to...

Sea Kayaking, by Nigel Foster Fernhurst Books, 1991 Pp 96 \$26.95

Reviewed by Peter J. Carter

Sea kayaking is a field in which there is a constant series of new ideas, new equipment, and new techniques. A new book every year or so is almost essential to keep up to date. Nigel Foster is a British paddler with a wealth of experience, including a circumnavigation of Ireland, runs a sea kayaking school in Wales, and is well qualified to write on the subject. His previous writing was the chapter in the current BCU Coaching Handbook.

As one might expect, Foster begins with boats and equipment. There is brief, but useful discussion of retractable fins and rudders, but almost 'the only boats in the book with rudders are the doubles. With two exceptions, the singles are without, or have fins. Foster also mentions the integrated cockpit: 'The pod, pioneered by Alan Byde, is a very sound idea ... The idea is to so reduce the space that even when the cockpit is awash, the kayak is still perfectly manageable and the stability is little affected.' Disappointingly however, there's no picture of a Sea Tiger, the boat which proved the concept and showed that there's more to it than just minimising cockpit volume. Nordkapp, Vyneck, Skerray and YNYS are there, but nothing with integrated cockpit.

Foster covers hatches, pumps (he rightly points out that a manual pump behind the cockpit is poor design), decklines, compass, and all those other things. He also explains the choices in paddles well, and for the first time in a sea kayak book, there is a cranked shaft paddle and mention of wing blades.

One of the book's best features is the use of sequences of photographs to illustrate techniques. Some of them are taken on shore, with, for instance, the kayak 'surfing' a pebble beach and clearly showing hand and paddle positions. The other illustrations in the

Lows do not follow the classic pattern, and warm fronts are rarely seen. In the section on navigation Foster is equally thorough. With well chosen examples, he explains planning for trips ranging from simple coastal trips to open crossings where tidal flows must be taken into account. The chapter on night paddling is printed white on black, a neat idea, and there is a sensitive chapter on approaching wildlife.

There is a tenuous Australian connection, with a photograph by Drew Delaney of members of the Tasmanian expedition to Japan some years back off Kyushu: Greenlanders, DB hatches, standard sail rig and Gaiswinkler rudders.

This book comes to a rather abrupt end at page 96. There is no index, not even an endpaper.

book are well chosen, one or two of them spectacular. The text is well written throughout. Description and explanation are concise and logical, and the occasional anecdotes add interest.

Like the other skills, rescues are covered with photo sequences, but I'm disappointed with some of the methods described, in fact I would recommend against several of them. Foster mentions the most appropriate method for rescuing a sea kayak in a hurry; righting the boat, putting the paddler in and letting the pump do the work, in one sentence, and then proceeds with a modified X rescue, essentially what we call here a Wedge rescue. This involves righting the capsized kayak and then pulling, not lifting, it across the deck.

The double self rescue is well shown, but he then describes the H rescue for doubles. I'm still waiting for evidence of anyone doing it in Force 8. His picture of an X rescue of a double shows padding and other gear drifting from the cockpit. Not on, in my book. Howard Jeff's method, using the split spare paddle mounted in tubes in the hull is also shown, but with this caveat: 'After re-fitting the spray-deck and bailing, the final stage is to remove and stow away the spare paddles. This is the most difficult move in the whole process and the one which needs the most practice.' I wouldn't bother. Any rescue that involves fiddling round with bits and pieces, in the conditions which have caused the capsize, is worthless. Fortunately Foster does show the way it should be done: reentry and roll.

Foster is very good in his chapters on tides, the sea, weather, and expedition planning. His chapter on tide races and overfalls is the best in any current sea kayak book, with clear photographs and diagrams to illustrate the text. The weather chapter is comprehensive, but remember that in the Australian region

I do have those quibbles, but overall, Foster's book can be thoroughly recommended. The immediate comparison is with Hutchinson's *Sea Canoeing* and Dowd's *Sea Kayaking*. This book, both for its recency and the photo sequences, is preferable for the newcomer, who can buy a copy of Dowd later for his North American viewpoint and more extensive coverage of some issues.

The book is available in Australia through Boat Books. Sydney address is 31 Albany Street Crows Nest 2065. For those interstate, POB 140 St Kilda 3182. There's a toll free number, 008 333276, so ordering is easy, and it will cost you \$26.95 plus \$4.00.

Peter Carter is an ACF Senior Instructor (S. Aus). His expedition experience includes a circumnavigation of Kangaroo Island, a crossing from Port Lincoln to Adelaide, several visits to the Sir Joseph Banks Group, and parts of the Victorian and Tasmanian coasts.

Book Review

(Reprinted with permission from Peter J. Carter)

-
- Nov.24 Training day at Cronulla 8.30
Paddling and Recovery skills
Ken McDonald Hm. 520 5349
- Dec.1 Bobbin Head - Cowan Creek
Cesar Ramos Hm & Wk 809 1020
- Dec.8 Twenty Beaches Ocean Classic Race.
Palm Beach to Manly for Sea Kayaks and Racing
Skis. Organised by the Manly Warringah Kayak Club.
Race information 997 1042(ah), 799 2555(bh).
For those members NOT racing: meet at Shelly Beach,
Manly at 8.30 to view race and for social paddle.
- Dec.15 Christmas Bar-B-Que ■■■■■. Free nosh up on
the beach at Middle Harbour.
Contact Peter the week before so he can organise
the food.
Peter Ingleby Hm. 363 2069
- Jan.12 Training day at Cronulla 8.30
Paddling and Recovery skills
Ken McDonald Hm. 520 5349
-

Please contact the Programme Officer, Cezar Ramos (809 1020) with all offerings and suggestions for the next calendar.

New Members.

A special welcome to all the numerous new members on the attached members list. We now list 77 members and are growing rapidly. Hope you find our club useful and stimulating. Please don't hesitate to contact committee members with any questions or suggestions!

Special Note.

~~New member David Winkworth of Merimbula sent a note with his application to say that he paddles on average 5 days / week (lucky him!) and if anyone would like to paddle the far south coast with him to give him a call.~~

INCORPORATION

IT IS DONE ! The club is at last incorporated. Thanks to all those members who have put so much time into this matter. Shirley was able to cut the last shreds of red tape this week and reports that we are now an incorporated body for all legal purposes.